

MAKING & USING A PROBLEM SOLVER DEVICE

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INTRODUCTION

- Everywhere there are problems. And everyone has them.
- What I am going to show you is a **SIMPLE** solution to many of these problems.
- **USING IT WILL NOT HURT YOU.**
- It is **VERY** easy to use
- **IT WILL COST YOU LITTLE OR NOTHING TO MAKE.**

WHAT YOU NEED TO MAKE THE DEVICE

- A 5-volt AC/DC power supply (mobile phone charger) or a 6-volt battery.
 - If you use a battery, you will need approximately 1 m (3 feet) of two stranded wire.
- Two pieces of cotton fabric about 25 cm X 25 cm (10" x 10")
- Plastic bags or plastic/latex gloves.
- Water
- Baking Soda (Sodium Bicarbonate).

DEVICE READY TO ASSEMBLE



HOW TO MAKE THE DEVICE

- Cut off the adapter tip (the part that plugs into the cell phone)
- Remove the insulation (melt the insulation about 2-3 cm (1 inch) from the end of the wire, then pull it off with a rag)
- Separate the two wires
- Wet the two pieces of cotton fabric in a baking soda solution (mix 1 cc (1/4 tsp) with 250 mL (1 cup) water, and wring out the excess water)
- Ball up the cotton cloth around each of the bare wires

WIRE PLACED IN MIDDLE OF CLOTH



DEVICE READY TO BE USED



HOW TO USE A PROBLEM SOLVER DEVICE

- **NEVER let the bare wires touch each other**
- This device will not solve all the problems. However, it will help with most problems, and as I said at the beginning, it will not hurt you.
- *If you have a problem that is resistant to the 5 V treatment you can connect two cell phone chargers in series (connect the red wire of one to the black wire of the other) and use 10 V to treat the problem*
- It is normal to get a slight reddening and a burning sensation at the electrodes with the higher voltage and the longer treatment times.
 - If this happens, moving the electrodes FREQUENTLY to spread out the exposure will help.
- The reddening and the burning sensation will pass.
- Do not take vitamin C or antioxidants during treatment
- Use the device daily to prevent problems

WHOLE BODY PROBLEMS

- Plug in the adapter, turn on the adapter, or connect the wires to the battery.

- Hold the balled up cotton fabric in your hands for between 10 minutes and 30 minutes.
 - Keep increasing treatment time until you notice an improvement.
 - Repeat every 1-8 hours until the problem is gone for at least 24 hours

LOCALIZED SKIN PROBLEMS

- Using a plastic bag or glove, place the anode (positive electrode-usually the red wire or the white striped black wire) electrode on the problem. Place the other electrode on the body opposite to the problem
- Treat for 10-30 minutes every 1-8 hours until the problem is gone

RESISTANT-SEVERE PROBLEMS

- Hold your wrists on the fabric electrodes for 30 minutes.
 - REPEAT TREATMENT EVERY 1-2 HOURS UNTIL PROBLEM IS GONE
- For severe skin problems you can use two cell phone chargers hooked in series (the red wire of one hooked to the black wire of the other).

PROBLEMS IN THE HEAD

- Wearing a glove or plastic bag on one hand (this is, so the electricity does not go through the hand), place the electrodes over the left and right arteries and veins in the neck below the jaw.
 - Switch sides; move the right electrode to the left side and the left electrode to the right side, every 5 minutes.
 - Treat for 30 minutes per treatment.
 - Treat every 2-8 hours (as often as possible) until the problem(s) are gone for at least 24 hours

WHEN YOU ARE BETTER

- Treat for 10 minutes to 20 minutes once or twice a day to help prevent problems.

Email us at info@thl-u.org with questions, problems, translation errors, or suggestions.