

# Protocol-B

2023 Update

(Protocol-B is now for a tub bath)\*

**Objective:** Detoxification and option for people who cannot, or do not want to ingest CDS orally.

**General dosage:** 50 ml of (0.3% = 3000 ppm) **CDS** in 100 liters of water for a 20 min bath.

**Format:** External use, complete immersion in water.

## Instructions:

- Fill the bathtub with 100 liters (26 US gallons)\* of water at a temperature of approximately 34°C (93°F)\*. Keep the door open for good ventilation.
- Make sure the bathtub is clean and do not use soap or other chemicals in the water.
- Add 50 ml of CDS just before entering the water. In severe cases, it can be increased to 100 ml of CDS.
- Immerse the whole body, including head and scalp. There is no problem if water gets into the eyes.
- Remain in the water for 20 minutes, or until it cools down.

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## **Alternative with Sodium Chlorite Solution (NaClO<sub>2</sub>):**

- Activate 50 drops (**2.5 ml** = 0.05 ml drop size x 50 drops)\* of 22.4% to 25%\* sodium chlorite solution with **2.5 ml**\* of 4% HCL activator, for one minute in a small glass.
- Note: Do not prepare in a closed container; gases are reactive under pressure.
- Slowly pour the contents into the bath and stir the water.
- Enter the bathtub and stay for 20 minutes, or until the water cools down.

\* comments by editor 10sept'24