

Protocol-1 For Prevention of COVID-19 and Other Infectious Diseases

What is Protocol-1?

Protocol-1 is simply the adding of a number of **MMS** drops (22.4% sodium chlorite solution) to 2 liters/quarts of water and drinking that from morning till night, allowing my own stomach acid to activate the drops internally to create chlorine dioxide (CLO₂), which will then be absorbed into my blood to fight disease. Each drop of **MMS** (drop size: 20 drops/ml), if 90% activated, will provide 7.2mg of CLO₂ to the body.

I believe that what I call "**Protocol-1**", which is nothing more than Jim Humble's first way of getting CLO₂ into the body, will either **PREVENT** COVID-19 or *greatly reduce* its symptoms and duration if infection does occur. Please notice that I am not saying I would use this to **treat** myself if I had the infection. For treatment, I would want to take higher doses of CLO₂ and so would either use **CDH4000** or **The Antidote** to do that, since each of these provides *more than* 3mg/ml of CLO₂, or I would use **CDS** which would provide 3mg/ml of CLO₂.

Why do you believe Protocol-1 can prevent COVID-19 and other infectious diseases?

The reason why I believe Protocol-1 can prevent COVID-19 and other infectious diseases, is because of the amazing track record that **CDS** has had as a COVID-19 preventative treatment in Latin America during the COVID pandemic. Doctors have used 10ml of **CDS** added to a 1 liter of water to provide **30mg of CLO₂** to their patients a day. This is spread out over 10 doses, each 1 hour apart, and it has worked wonders as a preventative treatment. Also if needed 15ml of **CDS** will provide **45mg**, 20ml will provide **60mg** and 25ml of **CDS** per liter will provide **75mg** of CLO₂.

Similarly, by doing **Protocol-1** continuously every day from morning till night, I as an average person *with a normal amount of HCl in my stomach*, will produce CLO₂ internally after drinking the water containing the drops of **MMS** and provide a continuous flow of CLO₂; from **43mg for 6 drops in 2 liters of water to 72mg for 10 drops in 2 liters of water consumed in a day**. This assumes that only 90% of the sodium chlorite (**MMS**) is activated by the HCl within my stomach which should be the case for a person such as myself with average stomach acid. If I were *severely* deficient in stomach acid (HCl), I should not use **Protocol-1** but instead I should use either **CDH4000**, **The Antidote** or **CDS**.

So I should be able to basically match what's already working with **CDS** by simply doing **Protocol-1** and putting 3 to 5 **MMS** drops into each of 2 liters/quarts of water a day (**which would be a total of 6 to 10 drops per day**) in order to get the same benefit. **The beauty of doing it this way though is that first of all I don't have to make CDH4000, The Antidote or CDS, or buy it from someone else. No refrigeration is needed and there is no bad taste or smell either. Also the MMS can be put into a dropper bottle which can be carried in my pocket so that once I finish 1 liter of water all I have to do is get another liter and add the drops to it. That's all there is to it. It really can't get any easier than this!**

Protocol-1 Starting Procedure

- Day 1 - put 1 drop in each of 2 liters/quarts of water I drink during the day and drink as I would normally drink my water.
- Day 2 - put 2 drops in each of 2 liters/quarts of water I drink during the day and drink as I would normally drink my water.
- Day 3 - put 3 drops in each of 2 liters/quarts of water I drink during the day and ...
- Day 4 - put 4 drops in each of 2 liters/quarts of water I drink during the day and ...
- Day 5 - put 5 drops in each of 2 liters/quarts of water I drink during the day and ...

If at any time the above makes me feel sick in any way I will just reduce 1 to 2 drops per liter/quart and see how I feel. I'll continue adjusting up and down until I get used to Protocol-1 and find what works for me, but I should be able to eventually get to 3 to 5 drops per liter/quart, and 2 liters/quarts a day. By the way, my child might only drink a liter a day and therefore only get 3 to 5 drops a day total, which is fine since his body is smaller than mine and doesn't need as much CLO2.

Regarding when to drink this. I just drink from my bottle as if the drops aren't even there but I do try to finish the entire 2 liters to get the full number of doses every day.

Additional Information:

- The only time that I make an exception to the above is that if I know I'm going to have a meal, I'll try to remember to go ahead and drink about 200ml 5 to 15 minutes before the meal to give time for the CLO2 to be produced and absorbed before eating and not be neutralized by the food.
- If I were to take medicine, I would leave an hour of time before and after taking the medicine in order to not interfere with it.
- I'll take my vitamin C sometime after dinner or just before bedtime after finishing Protocol-1 for the day.
- If I finish my 2 liters early in the day, I then just make up a 3rd liter with another 5 drops, so I might end up getting 15 drops instead of 10 if I finish that 3rd liter. (It's very hot where I live and so if I'm outside working and sweating a lot, I can easily drink 3 liters a day to stay well hydrated).
- Stevia, Sweetleaf Stevia, salt or a salt-substitute product (potassium chloride based) can be used to make the water more palatable.
- If my stomach HCl production drops below 50% of normal production, I should probably no longer use this protocol as a prevention and instead switch to using either CDH4000, The Antidote or CDS to make sure I'm getting enough CLO2 throughout the day for proper prevention.

Please note that this is a protocol that I the author, Scott McRae have done continuously for over 3 years and during that time I consumed approximately 13,000 MMS drops and never got sick once even though I taught at a school with over 500 students and staff and took public transportation approximately 2 times a day, 6 days a week during that time. I have created this "Protocol-1" for myself and I am only providing this information to others for educational purposes. Each person should make their own decisions regarding their health, with the help of their doctor. Thank you.