

Protocol B: as in Basic

(Formerly the 1000 protocol)

Protocol B, or Basic protocol, is the most widely used and is equivalent to Jim Humble's 1000 protocol. Drops are always activated on a 1:1 ratio, adding 100 to 200 ml of water to the solution afterward. (Activate drops for 30 secs)

Before starting any protocol, always check compatibility first (rule 12) to avoid any adverse effects.

The goal is to be able to take, **without discomfort:**

- Doses of 3 activated drops every hour,
- For at least 8 hours a day (increasing if necessary),
- For three consecutive weeks.

That makes a total of 24 drops per day!

1. We normally begin with a low dose of 6 activated drops per day, added to a 1 to 1.5-liter bottle of water for the first three days.
2. We then increase the dose to 12 activated drops in a 1 to 1.5-liter bottle of water, per day, for the next four days.
3. After that, we increase the dose to 18 drops, adding them to a 1 to 1.5-liter bottle of water per day for the next seven days
4. And finally, up to 24 drops in a 1 to 1.5-liter bottle of water, per day, for the next seven days.



Fig. 26: Plastic water bottle with Chlorine Dioxide

The daily dosage must be taken throughout the day, divided into 8 to 12 doses. It may be helpful to mark the bottle with a line for each dose.

The recommended process is to activate the daily dose of drops every morning and add them to a 1 to 1.5-liter bottle of water, then drink a little bit each hour, for the rest of the treatment. The standard length of treatment is three weeks, or, for however long it takes to feel recovered.

In case of nausea, go back to the last, smaller dose.

Summary of Protocol B

6 drops/day:	in 1 to 1.5 liters of water for three days.
12 drops/day:	in 1 to 1.5 liters of water for four days.
18 drops/day:	in 1 to 1.5 liters of water for seven days.
24 drops/day:	in 1 to 1.5 liters of water for seven days.

The sicker the patient, the slower we increase the dosage.

- For severe illnesses, treatment should start with no more than six drops per day, increasing the dose little by little.
- The advantage of preparing the mixture in a bottle is that it's easier to carry around and drink.
- Marking the bottle with lines helps to administer each dose accurately, throughout the day.

Remember (very important!):

- » Always mix the chlorite with the activator, which should always be stored in a different bottle.
- » Small, frequent doses throughout the day are more effective than larger ones in the morning and evening only.
- » Take as much CD as you can tolerate without nausea, diarrhea or severe discomfort. In case of discomfort, reduce the dosage, but continue with the treatment.
- » Avoid Vitamin C and other antioxidant supplements, for at least 2 hours prior and after the ingestion of CD, since they reduce the treatment's efficacy.
- » Follow an appropriately healthy diet to protect your immune system.
- » You can combine CD with diluted seawater to rebalance the body's minerals.
- » If, after some time, you wish to repeat the protocol, start with 6 activated drops per day, increasing the dosage according to your comfort level.

Forbidden Health

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